

# Orientation for use of the Training Room at Gyoda Green Arena

## Information

1. Hours 9:00 - 21:00
2. Closed days Second and fourth Mondays of each month  
When Monday is a public holiday, the facility is closed on Tuesday, the day after the public holiday.
3. Fee ¥400 for 2 hours  
\* You must bring your Membership Card.
4. Requirements You must bring your Membership Card and attend a new member orientation.

## Orientation for new members

1. Purpose Orientation for using the facility and equipment
2. Time Time required: 1.5 hours  
Morning 10:00 - 11:30  
Afternoon 14:00 - 15:30  
Evening 18:30 - 20:00  
\* You cannot come and go during the orientation.
3. Procedure Orientations must be scheduled in advance.  
Please stop at the front desk or telephone to schedule an orientation.  
Front desk  
Regular days: 8:30 - 20:00 / Closed days: 8:30 - 16:00  
Telephone for Gyoda Green Arena: 048-553-3377  
Regular days: 10:00 - 20:00 / Closed days: 10:00 - 16:00
4. Requirements Older than 16 years  
Residents living outside Gyoda city may also use this facility.
5. Bring
  1. Gym clothes
  2. Pair of shoes for indoor use
  3. Towel
  4. ¥400 for facility use fee
  5. Photo for your Membership Card  
Approximately 2.5 cm × 2 cm (A snapshot is acceptable.)  
\* If you cannot speak Japanese, you need to come with a Japanese speaker.



Gyoda Green Arena

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Wada

Gyoda-city

048-553-3377